



2026 Prayer and Fasting Guide
January 12th - 16th

What Is Fasting?

Fasting cultivates a deeper, more intimate, and powerful relationship with the Lord. Biblical fasting involves abstaining from food for a specific period to enhance one's connection with God. By eliminating distractions, this spiritual practice allows us to hit the reset button on our souls, renewing us from the inside out.

Fasting enables us to celebrate the goodness and mercy of God while preparing our hearts to receive all the good things He desires to release into our lives. Through the discipline of fasting, the anointing, favor, and blessings of God are activated in the life of every believer. As we fast, our thoughts and spirit become uncluttered, and we grow increasingly sensitive to the voice and leading of God.

Fasting produces a transformation that reshapes the way you live your life. Through personal discipline, you position yourself to receive rewards both on Earth and in Heaven. When you give God your first through fasting, prayer, and giving, you set the course for your life!

Benefits of the Fast

1. Heightened Sensitivity to hear from God: Moses received supernatural revelation from God at this time of fasting.

Exodus 34:28 KJV – 28 And he was there with the LORD forty days and forty nights; he did neither eat bread, nor drink water. And he wrote upon the tables the words of the covenant, the ten commandments.

2. Victory: Jehosophat received instructions/divine intervention.

II Chronicles 20:1-4 KJV – 1 It came to pass after this also, that the children of Moab, and the children of Ammon, and with them other beside the Ammonites, came against Jehoshaphat to battle.
2 Then there came some that told Jehoshaphat, saying, There

cometh a great multitude against thee from beyond the sea on this side Syria; and, behold, they be in Hazazontamar, which is Engedi. 3 And Jehoshaphat feared, and set himself to seek the LORD, and proclaimed a fast throughout all Judah. 4 And Judah gathered themselves together, to ask help of the LORD: even out of all the cities of Judah they came to seek the LORD.

3. Ability to Resist Temptation: Jesus was tempted at all points as we were, yet He knew no sin.

Luke 4:1-4 KJV – 1 And Jesus being full of the Holy Ghost returned from Jordan, and was led by the Spirit into the wilderness, 2 Being forty days tempted of the devil. And in those days he did eat nothing: and when they were ended, he afterward hungered. 3 And the devil said unto him, If thou be the Son of God, command this stone that it be made bread. 4 And Jesus answered him, saying, It is written, That man shall not live by bread alone, but by every word of God.

4. Strongholds Broken: Through true fasting and acts of justice and mercy, strongholds are broken, chains are released, and lives are set free.

Isaiah 58:5-6 KJV – 5 Is it such a fast that I have chosen? a day for a man to afflict his soul? is it to bow down his head as a bulrush, and to spread sackcloth and ashes under him? Wilt thou call this a fast, and an acceptable day to the LORD? 6 Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?

Things to Do During the Fast

1. Ask God for forgiveness for our sins and for the sins of our land.
2. Believe God for answers to your specific prayers and needs.
3. Read the Word daily.
4. Listen to the Word with an open and receptive heart.
5. Confess the Word aloud in faith.
6. Release faith for **“A Year of Rooted Faith, Radical Growth, and Overflowing Thankfulness”** in your life and in your family.

Prayer Suggestions During the Fast

1. Pray for Pastor Sammy, his Family and the entire AIM Family
2. Miracle Manifestations of Healing
3. Deliverance from Addictions & Strongholds
4. Salvation of Loved Ones and others
5. Financial Blessings, Increase in Income, Decrease in Debt
6. 100% Tithing by All Members & Partners
7. Every seat filled, every service
8. Personal Needs
9. Our city, our state, our government & our world
10. Victory in every area of our lives

Prayer before starting the Fast:

Father, thank You for the privilege of partnering with You in fasting. I declare that what seems difficult will become easy in Your presence. I surrender my entire being to You. Come and have Your way in me. You have my ears; speak, Lord, for Your servant is listening. I hunger for Your living Word. Reveal to me what You are doing in the Spirit wherever I go.

Father, I dedicate this time of fasting to You. I commit to walking faithfully in Your ways and not giving in to the desires of the flesh. Each day, I choose to feed on Your Word rather than the ways of the world. Thank You for guiding me to live a life that is focused, purposeful, and pleasing in Your sight.

I confess my sins, my wrongdoings, and my wrongful thoughts to You, Lord, and I receive Your forgiveness in the Name of Jesus. I declare that my heart and mind are covered by the blood of Jesus, and that I stand free from all condemnation.

I have confidence in You and in Your Word. Today, I pray that You will reveal Your ways to me and teach me Your paths. Remove every limitation I have placed on myself. You are my Righteousness, my Peace, my Shepherd, my Healer, my Savior, and my Miracle Worker. I trust You to manifest Your presence and power in my life, my family, my church, my finances, my health, my career, and my children. I choose to renew my mind so that I may think like You, forgive like You, and love like You.

I am confident that You will perfect everything concerning me. I release my faith now, trusting fully in Your promises. This is my year to walk in victory and possess all that You have promised. No fear, no doubt. This is my year!

All In Ministries — Vision 2026

Colossians 2:7 NLT Let your roots grow down into Him, and let your lives be built on Him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness.

“A Year of Rooted Faith; Radical Growth and Overflowing Thankfulness ”

We declare that we are a Christ-centered, Word-grounded church rooted in faith, committed to radical growth, and overflowing with thankfulness. We are **ALL IN** for the glory of God.

In 2026, God is calling All In Ministries to go deeper before we grow wider.

This is a year of **rooted faith** —Roots determine fruit. What is hidden beneath the surface sustains what is visible above it. Therefore, we are committed to building disciples whose faith is grounded, stable, and unshakable.

This is a year of **radical growth** —produced by truth, obedience, and spiritual maturity. As our roots grow deeper in Christ, our lives are built stronger upon Him. We will grow in the Word, in faith, in obedience, and in effectiveness for the advancement of the Kingdom.

This is a year of **overflowing thankfulness** —thankfulness rooted in our confidence in Christ. As God strengthens our faith, our response will be praise, generosity, joy, and worship that overflow into every area of our lives.

In addition to the suggested prayers, take time to pray and focus on:

DAY 1

Vision Pillar 1: Rooted In Christ - Colossians 2:7 NLT a clause: “Let your roots grow down into Him.”

Jesus is our source—the One from whom our lives draw nourishment, stability, and strength. Roots grow unseen, are developed over time, and are proven in the storms of life. When storms come, endurance is sustained by strong connections. Connection strengthens us. The enemy fears a united church because unity multiplies power. Like roots that intertwine beneath the soil, we are stronger together—able to withstand storms that no single tree could survive alone.

Prayer and Declaration:

Lord, help me continue growing in Christ, so that I may develop deep roots to sustain me, even through any difficulty I face. Help me gain understanding through your Holy Spirit as I apply the truth of Scripture to my life. Forgive me for striving to do things on my own. I want my life to glorify you and point others toward your son, Jesus. I commit to spending time with you so I can grow in knowledge and understanding of your will and your ways. In Jesus' name I pray, Amen.

DAY 2

Vision Pillar 2: From Root Faith to Radical Growth - Colossians 2:7 NLT b clause, “...let your lives be built on Him. Then your faith will grow strong...”

God does not stop at planting; He continues with building. Rooted faith supports radical growth. Faith grows as we obey what God says, even when obedience is uncomfortable. True growth happens when what we believe begins to shape how we live,

when what we hear on Sunday transforms how we act on Monday. Spiritual maturity is not measured by how much Scripture we know, but by how faithfully we obey what we know. As **James 1:22** “**Be doers of the word, and not hearers only.**”

Prayer and Declaration:

Lord, guide me as I grow into the person You created me to be: strong, wise, and full of purpose. Shape my heart to reflect Your love and truth every day. Increase my faith so I trust Your unfailing love in every trial. Help me to see Your perfect will and walk forward, knowing You are with me. Give me courage and endurance to face challenges and inspire others to believe. In Jesus' name, Amen.

DAY 3

Vision Pillar 3: Overflowing with Thankfulness - Colossians 2:7 NLT c clause“...and you will overflow with thankfulness.”

Thankfulness is not the starting point; it is the evidence. When roots are deep and growth is healthy, thanksgiving naturally spills over. It is not forced behavior, but the genuine response of a soul that knows where its help comes from. Thankfulness is anchored in God's goodness and His faithfulness, and when we overflow with gratitude, we openly acknowledge that God is the source of all we need.

Prayer and Declaration:

Lord, I thank You for this day, for Your endless love, and for every blessing seen and unseen that You pour into my life. Forgive me for dwelling on complaints or struggles, and help me instead to overflow with thankfulness. Strengthen me to live rooted in You, with my faith firmly built on You, and a heart that continually overflows with thankfulness.

Replace my anxiety with prayer and gratitude. Holy Spirit, cultivate a deep, constant thankfulness within me, so that my life reflects Your amazing provision. Help me recognize Your goodness in every circumstance, even in difficulties, and live in such a way that others see Jesus in me.

DAY 4

Prayer and Declaration for My Family:

Lord, we thank You for breakthrough in our family. Break every chain, barrier, and hidden obstacle standing in our path. Open doors that no one can shut, and pour out Your favor upon our home.

We thank You for the promise of **Deuteronomy 28:8** in our lives:

“The Lord will command the blessing on you in your storehouses and in all to which you set your hand.”

Command that blessing over our work, our finances, and our future. Lord, restore broken relationships, heal silent wounds, and strengthen our faith when we feel weak.

I declare, **“As for me and my house, we will serve the Lord” (Joshua 24:15)**. Unity will dwell in our home, peace will guard our hearts, and wisdom will guide every decision.

Thank You, Lord, for victory in every area of our lives. When challenges arise, we may bend, but we will never break. We will remain rooted in Your Word, walking in divine alignment with Your truth. Daily, we will declare with confidence, **“No weapon formed against us shall prosper” (Isaiah 54:17)**.

DAY 5

Declaration: We are rooted in Christ. We are built on truth. Our faith is growing strong. Our lives are bearing fruit. And we overflow with thankfulness.

Spend time listening to God, worshiping, and journaling.

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